



13 items for your “Go Kit”

Keep these items in a backpack or duffle bag under your bed and/or in the trunk of your car. Keep your cell phone by your bed at night.

- Water bottles**
- Food, such as protein bars**
- Combo radio/flashlight - hand crank or extra batteries**
- Whistle - to signal for help**
- Mini First-Aid Kit**
- Moist towelettes - for sanitation**
- Solar phone charger**
- Rx medications & eyeglasses**
- Sturdy shoes - to protect from broken glass**
- Cash in small bills**
- Jacket or hoodie and rain poncho**
- Mylar space blanket**
- Copy of driver’s license/ID**